

Get svelte & fit

Now you can hasten your post-operation recovery with Suddenlly Slender mineral wraps

I underwent treatment for a serious illness last year, and have thankfully recovered. However, I'm less energetic and look paler than before. Is there a way I can boost my energy and improve my radiance levels?" – Karen Tan, 40

A: "During some treatments, your body absorbs a large amount of chemicals in the medicines used to treat the disease. In the process, some healthy cells are also destroyed, and your body gets depleted of vital minerals and nutrients," says Ginger Smith, spokesperson for Suddenlly Slender. "Firstly, consult with your doctor about supplements that will help to replenish vital nutrients. For an immediate boost you can also try Suddenlly Slender's Mineral Body Wrap, with 175 organic and inorganic minerals to help boost your body's functioning. We've designed this one-hour treatment to help draw out impurities and toxic residues from your body."

I've beaten a serious illness. My doctor says it's safe for me to get back to normal life. However, I gained a lot of weight during the treatment phase as I couldn't exercise! Now my clothes don't fit! How can I begin to regain my figure in a healthy way?" – Chew Yu Zhen, 37

A: "Some medicines can cause fluid retention, leading to swelling of the body," explains Ginger. "Light exercise can be helpful. Also, to boost your progress, consider Suddenlly Slender's Mineral Body Wrap. By doing light exercise and movements while you're wrapped, your body cells are stimulated to metabolise toxins and excess waste fluids. At the same time your skin gets rehydrated! The comfortable tension from the wrap further helps to shape your body."

After illness or an operation, it's recommended that you consult with your doctor before starting any exercise or beauty regime.

Exclusively for readers of *The Weekly*

Suddenlly Slender is introducing a one-time trial price of \$68 for a mineral-infused body wrap, PLUS a slimming face wrap. To make an appointment, please call 6570 8111 or SMS SS<space>SWW, Name, NRIC to 79777. Applicable to first time female customers aged 21 and above. Promotion ends 30 June 2011.

To find out more about the Suddenlly Slender Mineral Body Wraps, call 6570 8111 or log on to www.suddenllyslender.com.sg for details. Suddenlly Slender is located at #03-22/25, 313@Somerset and #01-03A, 1 Marine Parade Central.

