



Burn fats the right way

Lose those bulges with a super Flat Belly Mineral Wrap!

There's nothing wrong with having sweet treats or fried snacks once in a while – it's when you overindulge that it becomes a problem. These calorie-filled foods may give you a temporary energy boost and satiate your cravings, but they also leave you hungering for more. So, you end up overeating!

These excess sugar converts to fats and is stored around mid-belly, waist, hips and thighs. But there's a solution: Aside from a healthy diet and regular exercise, try a mineral body wrap that works to give you a slimmer, shapelier figure as well as helps your body deal with excess sugar.



BETTER BODY, BETTER HEALTH

- **Maintain good eating habits** – eating even if you are not hungry. Listen to your body. As the Flat Belly Mineral Body Wrap helps to reduce your sugar cravings, you might need to adjust your usual portions to something smaller.
- **Stay Hydrated: Feeling a little hungry?** People often mistake thirst for hunger, so try drinking water, green tea, non-sweetened drinks or fruit juice. These liquids help flush out impurities to detox your body and even keep your skin smooth, firm, and well-hydrated.

UNLEASH YOUR INNER BIKINI GODDESS...

with Suddenly Slender. Enjoy 12 sessions of Flat Belly Slender package at \$788 (U.P. \$1,840) when you book your appointment from now till June 30, 2010. Plus! Win a \$2,988 treatment package when you enroll with us. Terms and conditions apply.

HERBS TO THE RESCUE

The Flat Belly Mineral Body Wrap, by Suddenly Slender, includes an exclusive concentrated South American herb extract that helps your body metabolise excess sugars, leaving you feeling energetic. Hailing from the US and known for their customised body wraps, Suddenly Slender now offers this wrap in Singapore. Designed to burn "stubborn fats" at your waist, tummy, lower back and hips, the burning effect works round the clock and continues even while you are asleep.

GET A SEXY BODY IN 7 DAYS

For best results, the Suddenly Slender Flat Belly Mineral Body Wrap is recommended at least twice weekly, with a gap of two to three days between sessions. Apart from a shapelier figure and visually flat belly, you'll also notice a decrease in your cravings for unhealthy and sweet foods. Visit Suddenly Slender this June and get bikini-ready for the summer!

