

WRAP YOUR WAY TO A NEW YOU

Chinese New Year can mean lots of mindless binging. Find out how Suddenly Slender™'s The Body Wrap® can do the "damage control" after the festive season.

Between Chinese New Year shopping, spring-cleaning and running after your children, it's no wonder busy mummies are too exhausted to stick to a slimming plan. It doesn't help when it's also almost "obligatory" to help yourself to some of the Chinese New Year goodies offered to you by your hospitable relatives and friends.

Instead of going for a quick fix with invasive procedures, check out Suddenly Slender™. It has a solution that'll have you looking slimmer in one of the healthiest ways possible with The Body Wrap®.

The company's signature treatment, and the first of its kind in Singapore, it was created by Victoria Morton over 40 years ago in the USA and has a celebrity following that includes Jim Carrey and Kelly Preston. It's also been talked about on The Tyra Bank Show, The Ellen DeGeneres Show and The Rachael Ray Show.

Suddenly Slender is located at #03-22/25 313@Somerset. Call 6884-8111 for an appointment.

• WHAT IT DOES EXACTLY

More than just a treatment to help you lose inches, The Body Wrap® uses 175 essential vitamins and minerals (including oxygen, potassium, magnesium, calcium, iron and zinc) to remove toxins and impurities from the body, smoothen and tighten the skin as well as reduce the appearance of unsightly cellulite. In fact, Suddenly Slender said that it's so safe that they have administered The Body Wrap® on pregnant ladies, the elderly and children*. The high content of minerals is said to improve health issues such as rheumatism, thyroid and shoulder and back aches, as well as promote a calmer mood. On top of that, as there is no heating or sweating involved, what you lose is not water weight but weight from the toxins, fat and impurities. Clients have reported of losing 6 to 20 inches in just one session. Multiple sessions per day are recommended by Suddenly Slender, if you have an important function to attend and require more inches to be lost swiftly.

• WHAT HAPPENS AT TREATMENT TIME

In the privacy of your own room, Suddenly Slender™ wrap technician first weighs you, records your body measurements and serves you a sweet-tasting mineral concoction that acts as a catalyst for the slimming process. Then, you'll be wrapped in warm, mineral-infused porous bandages. The US-based special wrapping technique targets firming flabby areas and fat reduction as well as helps lift the bustline and improve posture.

Once the wrap is completed, you'll need to do simple and light exercises to get your blood circulation going and promote better absorption of the minerals. While you exercise, the tensions of the bandages allow an exchange of toxins and impurities through the skin. After an hour of exercise, the wrap is removed and your measurements are retaken. You'll be ready to show off a younger-looking and visibly slimmer body!

*Please consult your doctor to check if you're suitable for this treatment.